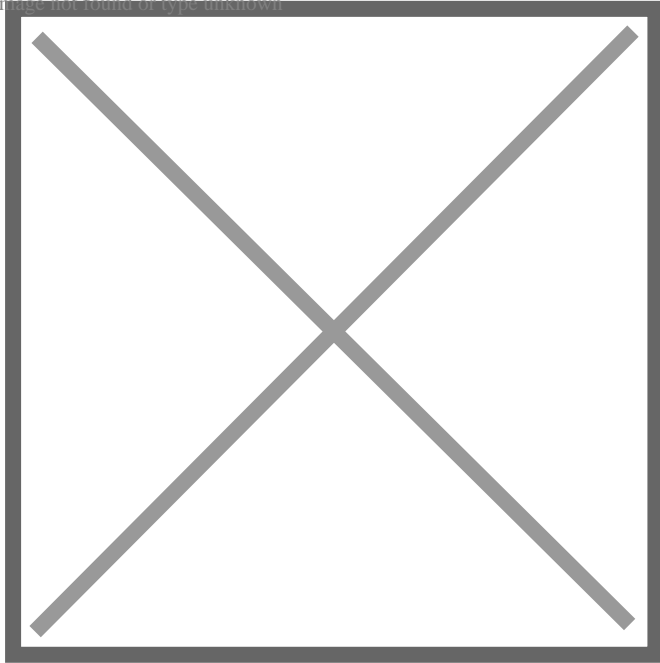


Tunde . 23/01/2024

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PrepTime
CookTime
Servings

Ingredients:

Moin moin is a traditional Nigerian snack or a side dish that is low in calories and high in protein and fiber.

Instructions:

1. Wash and chop the vegetables into small pieces.

2. Seasoning:

3. Cook the vegetables in a pot with water, salt, and pepper until they are tender.